

# EM/PHEM

Dr Navin Leanage
ST5 Emergency Medicine/PHEM Clinical Fellow
UoL Outreach Project Lead

### Learning Objectives

- Describe ED setup
- Appreciate the PHEM setup in the UK
- A-E assessments and how they differ in Pre-Hospital environments
- Introduction to Major Incident and Medical Management and Support (MIMMS)
- Practice safe extrication in a simulated environment
- Know how to pre-alert your local ED

## Why Emergency Medicine?

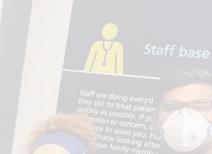
- No day is ever the same
- Fast paced, pressure filled work
- Full representation of the multidisciplinary team
- Highly skilled specialty
- "It's the best 20mins of every specialty"

### Emergency Department – Patient Journey

- 3 ways in to the dept
  - Front door walk in or ambulance
  - Ambulance assessment ambulance only
  - ER walk in, ambulance assessment, pre-alert
- Triaged by Senior Nurse and/or ACP and/or EM Spr/Cons
  - Dynamic Priority Score assigned and streamed to appropriate area according to pathology, acuity and demand

#### The different areas

- Emergency Room/Resus
  - Full of critically unwell patients
  - Regular incoming calls from ambulances
  - Stabilise or revive
- Majors
  - Acutely unwell patients with a reduced likelihood to deteriorate rapidly
  - Assess, initiate acute treatment, review
  - Likely need admission for over 12 hours
- Minors
  - Injuries
  - Pull bones, close wounds, remove foreign bodies



### Pre-Hospital setup in the East Mids

- Absolutely huge!
- EMAS
  - Specialist Practitioners, Paramedics, Technicians, ECA, Ambulance drivers
- BASICS
  - East Midlands has EMICS
- Specialist teams
  - Level 3 support HEMS (TAAS, Magpas, LNAACT)
  - Level 2 support Physician Response Unit
  - Falls Teams, DHU
- Additional volunteer services
  - St Johns, Community Responders, GoodSAM

# The Pre-Hospital Environment

- What you carry is what you can give
- Have a safe approach and safe extrication plan
- What can be achieved prehospital and what might go wrong during conveyance
- Where is the best destination for the patient
- Do you need to travel with them





#### MIMMS

 An incident where the location, number, type, severity or live casualties require extraordinary service

- METHANE report
- Coordination with Emergency Services
- Set up of major incident organized by Silver Command (usually the Tactical Commander)
- Hospitals put on alert
- Goal is to safely manage and preserve life
- Sieve and Sort is very black and white
- Very little emergency care is delivered at the scene
- Priority is to extricate rapidly/efficiently to allocated hospitals



### MIMMS

- Command
- Safety
  - Self, scene, survivors
- Communication
  - Radio with specific channel allocation
- Assessment
  - METHANE
- Triage
- Treatment
- Transport



### Sims up to 4 patients simultaneously

- 999 call to a house
  - 54 year old male found unconscious in his bedroom naked
  - Family member ran across the street and has been hit by a car
- 999 call to a building site
  - 57 year old male in confirmed cardiac arrest
- 999 call to a care home
  - 92 year old female with worsening SOB, now reduced GCS and vomited

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### PHEM

- There are lots of different forms of PHEM
- HEMS
- Rapid Response Teams
- Pitch-side/Immediate Care in Sport
- Events support
- And more...





# Questions?

nl176@le.ac.uk

